

OVERVIEW

the rainbow project inc.

Child & Family Counseling & Resource Clinic

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The Rainbow Project Child & Family Counseling & Resource Clinic is a non-profit agency serving families of diverse cultural, economic, traditional & nontraditional backgrounds. We serve families with young children, primarily ages ten & younger, in Dane County & the surrounding areas. Rainbow Project provides client centered & responsive services within a variety of settings. These services include long & short-term therapy, early intervention, education & prevention services to children, adults, families & the community. These services are intended to:

- Help break the often generational cycle of child abuse, neglect & domestic violence, including services to families with patterns which put members at risk for abuse or future mental health problems;
- Promote positive change & mental health within families including building, strengthening & supporting healthy parent/child relationships; &
- Advocate for the mental health needs & support of families & children in the community

CHILDREN & FAMILIES SERVED

Project staff provides services to young children & their families. Children eligible for Rainbow services have often been involved in one or more of the following:

- Victim of child abuse, neglect or sexual abuse;
- Witness to domestic violence;
- Presenting problems in social/emotional development & behavior (many children referred to us exhibit aggressive, violent behavior towards others or to themselves, or may often appear very passive & withdrawn from social contacts; many of these children have difficulty adjusting in day care or school settings);
- Identified "at risk," coming from families where stress factors in the home environment indicate there is high potential for abuse, neglect or domestic violence to occur (e.g. presence of alcohol/drug abuse, family history of abuse, neglect or domestic violence; financial crisis; unemployment; mental or physical illness; separation of parent & child; divorce; death in the family, etc.); &
- Serious problems in the relationship between parent & child

Children & families are referred to Rainbow Project from many sources, including Dane County Department Human Services, family, civil & criminal courts; self referrals, daycare centers, schools, hospitals, law enforcement agencies, Domestic Abuse Intervention Services, mental health specialists, alcohol/drug abuse treatment programs & other community support agencies.

TREATMENT PROGRAM

The Rainbow Project staff includes the Project Director, Child & Family Therapists & Adult & Family Therapists providing:

- Comprehensive assessment of family members & parent-child interaction
- Individual treatment plans for each child & parent, focusing on social-emotional development & behavior changes within the family system
- In-home treatment combined with individual, family & group treatment at Rainbow Project
- Field sessions in daycare or school programs & foster homes to help children through transitions, to ensure successful integration of children into new settings & to provide consistency & alternatives in permanency planning for young children
- Parent education provided in both individual & group sessions, to help parents learn positive child management skills, to provide child development information & to improve the parent-child relationship
- Advocacy, referral, & follow-up services for waiting list families & for enrolled multi-problem families requiring more than one agency's services
- Follow-up & evaluation services for past clients

PREVENTION PROGRAM

- Consultations in daycare, school or hospital programs
- Community education & interagency coordination to promote awareness, information & training on the effects & treatment of child abuse, neglect & domestic violence; also in the areas of discipline, parent education & social-emotional development.